

# \*) Mount Pakenham Welcome Back





**To Teachers, Parents, Organized Youth Groups** 

# 

through skiing, snowboarding, snowshoeing, and nature discovery!



- Learn at your own pace lessons designed and delivered under the guidelines of the Canadian Ski Instructors' Alliance and Canadian Association of Snowboard Instructors.
- Winter Outdoor Adventure Snowshoe & Orienteering Adventure designed to meet Ontario's physical education and social studies curriculum standards.
- **Upgraded Rental Shop with sophisticated computer** programming that allows us to pre-set bindings and assign skis before you arrive to maximize ski time. We have top of the line skis, boots, boards, helmets and snowshoes.
- Cafeteria with a full menu, ranging from soup, salad, and sandwiches to burgers, chilli and pizza-all reasonably priced.
- Canadian Ski Patrol Systems members on site at all times to provide first aid and ensure safe practices and Alpine Responsibility Code rules are followed.
- Night Skiing allows for the ultimate in time flexibility. Your organized student group can enjoy Mount Pakenham from 9am-9pm Tuesday to Friday
- Coin Lockers and lockable ski/board racks for valuables.
- Assistance with 'In the Area Supervision' from Mount Pakenham's instructors, patrollers and lift attendants.
- High School Races and night race training.
- 1 free supervisor lift ticket for every 10 student lift tickets purchased.
- Excellent snowmaking and daily grooming mean great conditions for beginner skiers and snowboarders.

### **ALL OF THIS AND MORE - ONLY 25 MINUTES WEST OF KANATA.**

Less time driving means more time on the slopes.







www.mountpaltenham.com

613-624-5290 613-624-5202

s@mountp

#### **Dear Trip Organizer**

# Why not plan a field trip that will be sure to fill the bus!

Mount Pakenham is eastern Ontario's top destination for school programs. With over 50 years of experience; an innovative Station Teaching Format for beginners; a Graduated Lift Access Program to ensure student safety; a sophisticated pre-set rental assignment program; and an easy to use online reservation system, teachers choose Mount Pakenham for simplicity, safety, fun, and learning. Let us work with you to ensure the success of your school outing. Our Outdoor Recreation through Skiing, Snowboarding, and Snowshoeing in Schools Video is available online to help you and your students prepare for your trip.



#### **Outdoor Recreation**

We can assure you our "Outdoor Recreation through Skiing, Snowboarding, and Snowshoeing" program will meet and exceed the overall and specific expectations outlined in the Health and Physical Education Curriculum. It is our policy to ensure that our programs stand behind and follow the safety guidelines set forth by your Board, the Ministry of Education, Ontario Ski Resorts Association and especially the "Physical Education Ontario Safety Guidelines" recommended by the Ontario School Boards' Insurance Exchange (OSBIE) and OPHEA (Ontario Physical Health Education Association).

# **Chairlift Readiness Assessment and Group Lessons**

In order to ensure student safety, Mount Pakenham's certified pros assess all skiers and snowboarders to determine their ability; assign a lesson time; and grant access to ability-specific terrain. After successful completion of the assessment, students will ski/ride safely until their assigned group lesson time (beginner lesson begins right away). Students will meet for their lesson at the Snow School Meeting area where they will be assigned an instructor and given a 55 minute group lesson.

## **Beginner Centre: Safety\*Fun\*Learning**

Unlike traditional beginner lessons, our Station Teaching Format allows students to develop skills at their own pace. Skiers and boarders will complete up to 7 Stations with coaching from CASI and CSIA certified instructors. After successfully completing all 7 stations, the students may be ready to use the chairlift independently. Students that do not complete all 7 stations can continue to practice at the Beginner Centre throughout the day. The Beginner Centre is staffed with certified pros from 9am - Noon and 1pm - 2pm Tuesday to Friday (times may vary depending on #'s and arrival times)

# WINTER OUTDOOR WONDER



#### \*Snowshoeing\*Orienteering\*Nature Trivia Challenge

Mount Pakenham's WOW program is a wonderful alternative for the non-skiing student and younger grades.

Designed to complement the social studies curriculum offering: snowshoeing, control style orienteering, nature trivia and a whole lot more! This program also includes a Scat & Track Trail—listen to the students giggle as they match up animal scat and tracks! This all-inclusive program will guarantee that your students will have an answer for their parents when they are asked the question: "what did you learn at school today?"

## **Attention High School Teachers and Students**

In addition to our regular Skiing & Snowboarding in Schools trip options, Mount Pakenham offers a variety of ski, snowboard and educational opportunities specifically designed for High Schools.

#### RACING

Ski and/or Snowboard Race Days & Race Training.

Please e-mail sis@mountpakenham.com for options & pricing. Offered Tues-Fri 9am-9pm.

#### **EMPLOYMENT / CO-OP EDUCATION OPPORTUNITIES**

Mount Pakenham offers many youth development programs which lead to great employment opportunities. For more information please contact ski@mountpakenham.com

# **Great Value for Your School Group - SKI OR SNOWBOARD**

SAVE \$2 per Student PRICE BREAK WEEKS Jan 9 - 19 For ski/ snowboard groups

Tuesday - Friday 9am	TICKET & LESSON -9pm	PREBOOKED RENTAL PACKAGE SKI/BOARD+HELME	TOTAL SKI/SNOWBOARD T PACKAGE
DAY TRIP (lesson required) EACH TRIP	(Tax Included) \$32	(Tax Included) \$20	<b>₩ \$52</b>
NIGHT TRIP (Tues-Fri Arrive EACH TRIP (with lessons) We		not required \$20	\$52
NIGHT TRIP (no lessons) Tues	- Fri \$25	<b>\$20</b> (Ta	x Included) \$45

PREBOOKED EXTRA SUPERVISORS/PARENTS
\$32 LIFT • \$30 SKI/SNOWBOARD RENTAL

(Tax Included)



#### Fun alternatives or additions to your winter outing: Tuesday - Friday

Winter Outdoor Snowshoe Adventure \$20/student (Tax Included)

An introduction to winter wilderness in eastern Canada. Students and chaperones use our snowshoes to walk our Discovery Nature Trail and learn interesting facts about wildlife, birds and outdoor winter survival.

(Minimum 10 participants) Snowshoes Included.

Our Snowshoe Program is designed to meet Ontario's physical education curriculum standards and provide educational programming with self-directed learning.





- Rates are for organized student groups of 20 or more.
- Minimum requirement is 5 students per ability level for lessons.
- Mount Pakenham Season Pass holders pay only \$19 for the lesson.
- Teachers/Supervisors receive complementary lift tickets or trail pass (max 1 per 10 paying students)\*
- We recommend a minimum of 1 supervisor per 10 students to accompany school trips.
- Program is designed for ages 7+. Packages available for younger students please call
- Special Needs students and students with significant behavioural or emotional challenges can be accommodated in private lessons with a qualified instructor with advanced booking.
- We recommend 3 to 5 ski/board trips to fully benefit from the lesson progression.
- Pre-Paid, Pre-booked student private lessons available \$80/hour 1 person at 4pm, 5pm or 6pm. (+\$35 for each additional student(s) tax included).
- On-line Trip rosters are required 14 days in advance or you may be subject to cancellation or rescheduling. Rosters allow us to pre-set rental equipment which maximizes your time on slopes. (Not needed for snowshoe groups)
- Night group lessons are offered at 4:00, 5:00 or 6:00 Wednesday to Friday.
- Night Chairlift Readiness Assessment option available to night students that are not taking lessons for a \$2 per student charge.
- Personal Equipment must meet safety standards. Metal edges and braking devices are mandatory. **Helmets must** be ski or snowboard type and are included with rental equipment.
- Fund Raising-we can help! Ask us about our tailor made fundraising program.
- Schools are eligible for a refund of 83% of HST paid.
- \* school supervisors must be competent skiers, supervisors must accompany students on snowshoe trails.





# RESERVE EARLY





# **TEACHERS/EDUCATORS/PARENTS**

Mount Pakenham tops the region as the destination for school trips, after school, high school racing, riding, and snowshoe adventures. That's why Mount Pakenham was chosen by Algonquin College to teach skiing and snowboarding to the college's popular Outdoor Adventure Program. Safety is our top concern with beginner terrain and lessons for everyone. If your school would like to participate, check www.mountpakenham.com for more information and to watch our information video. Special rates for organized student groups of 20 or more. Tuesday-Friday 9am-9pm.

"Phys Ed" was never so much fun!

Check out our skiing in schools video at: www.mountpakenham.com/teachers.php



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